

# Quigley Trails Park

Pump Track • Jump Lines • Flow Trails



Trails are open from dawn to dusk, unless the area is posted as closed.  
Trails are closed if the trail is wet.

1. TRAILS PARK – Pump Track
  2. TRAILS PARK – Jump Lines
  3. TRAILS PARK – Flow Trails
  4. TRAILS PARK – Beginner Pump Track
- TRAILS PARK – Climbing Trail  
(Uphill traffic only. DO NOT cut switchbacks)
- TRAIL – Quigley Loop Trail

EASIER WAY

MORE DIFFICULT

MOST DIFFICULT

**PUMP TRACK:** Use the pump track's rollers, berms, and jumps as a way to practice your bike balance, handling, and cornering techniques. Try to ride the whole circuit without pedaling!

**JUMP LINES:** Three levels of jump lines (beginner, intermediate, and advanced) are set up in progressions so that when you land a jump, you're set up for the next one. Build confidence and skills on the easier lines before moving up to the next level.

**FLOW TRAILS:** Flow trails are designed to emphasize speed and rhythm while minimizing pedaling and braking. Start with the easy trail and work your way up to the more difficult routes.