



2021 Youth Spring Sports COVID-19 Specific Protocols

BCRD's 2021 Youth Spring Sports Protocols have been developed to comply with federal, state, and local guidelines and utilizing guidance from Idaho's South-Central Health District, Center of Disease Control, Idaho High School Activities Association, and the City of Hailey. The BCRD Youth Spring Sports programs will operate under these specific safety protocols utilizing Blaine County's COVID-19 Risk Assessment Scale as the metric to inform our operational decisions. The Risk Assessment Scale, which ranges from green (minimal risk) to red (critical risk), considers factors like the number of cases per 100,000, local outbreaks, testing positivity rate, and hospital capacity.

1. Personal behavior to reduce spread

a. Face coverings

- Coaches are required to wear a face covering whenever they cannot maintain 6-feet of distance from another person.
- Officials will be required to wear a face covering during the entire contest. Officials will use electronic "whistles" when possible.
- Participants are required to bring a clean face covering to all practices, games, or meets.
- Participants are required to wear a face covering whenever they cannot maintain 6-feet of distance from another person. During practices, games, and meets, when 6-feet of distance is impossible to maintain, all participants will be required to wear a face covering unless they are exempt for medical reasons. If participants are spread out on the field doing drills or conditioning in which they can maintain 6-feet of distance from others, they can remove their face covering if they wish.

b. Self-health screening

- Parents will be asked to be on the alert for signs of illness in their children and to keep them home when they are sick.

- Participants should tell their coach if they don't feel well and then go home from the practice, game, or meet immediately.
 - Parents, coaches, and officials are required to use the self-screening questionnaire prior to attending every practice, game, or meet. The parent, coach or official must confirm that they (coach or official) or the child (parent) **does not have/has not had** a fever (100.4⁰ or above), shortness of breath, cough, chills, headache, repeated shaking with chills, new loss of taste or smell, sore throat, gastrointestinal issues or muscle pain for at least 72 hours OR come in contact in the last 14 days with anyone who has tested positive for COVID-19.
- c. Hand hygiene
- Hand hygiene supplies (hand sanitizer with at least 60% alcohol) will be provided at each field. Participants, coaches and officials are required to clean their hands prior to attending practice/games.
- d. Limit car pooling
- Ideally, the same parent or designated person should drop-off and pick-up the participant each day. If possible, older people such as grandparents or those with serious underlying medical conditions should not pick up children.
 - Families should consider limiting car-pooling with children who are not in their immediate family. If car-pooling is necessary, face coverings are encouraged during transport.

2. Maintain a healthy environment

- a. Cleaning & disinfecting equipment
- All cleaning products supplied for use in BCRD programs are EPA-approved for use against the virus that causes COVID-19 and will be used according to the directions on the label.
 - All supplies will be sprayed with disinfectant provided by the BCRD at the end of each practice.
- b. Minimize shared equipment
- No water fountains will be used during practice, games, or meets. Participants will be required to bring their own clean, labeled water bottle each day.

- All Little League participants will be given a uniform at the beginning of the season and will bring required to bring it to each practice.
 - All Track and Field participants will be given a uniform which they must bring to the track meet on May 8.
 - If a participant wishes to use batting gloves, they must supply their own.
- c. Modify practice structure to support physical distance

3. Maintain a healthy operation

- a. Cohorting
- Coaches will be assigned to each team. The roster of participants will be determined at the beginning of the season and this team will remain the same for the duration of the season.
 - The BCRD remains a local, “in-town” league and as such will only compete against other BCRD teams from within Blaine County.
- b. Staggered scheduling
- Little League: Games will be spread out to different venues within Blaine County so that no more than two teams and their spectators are congregating in one space at a time.
 - Track and Field: Practices will be spread out to different venues within Blaine County to reduce the number of participants that are congregating in one space at a time. Modifications to the meet will be made to provide adequate spacing.
- c. Physical distance
- In lieu of team high-fives at the end of the game or meet, teams should line up and give a quick cheer of thanks for the other team and officials.
 - When on the side-lines, teammates and coaches should stand at least 6 feet apart from one another.

4. Response plan for managing COVID-19 case(s) in our program

- a. In the event we are notified of a positive or probable case or direct contact with a positive or probable case in our program, the BCRD will follow its COVID-19 Response Plan (CRP) which calls for collaboration with Idaho’s South Central Health District to assist in contact tracing

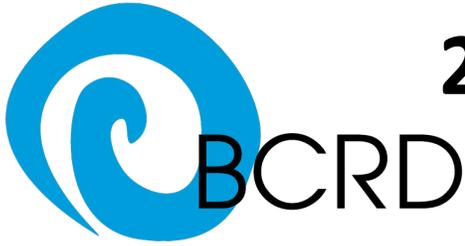
(while maintaining mandated confidentiality) and to develop the most appropriate closure or suspension period and scope.

- b. All participants, coaches, and staff should self-screen daily for COVID-19 symptoms following CDC guidance. If a participant, coach or staff member demonstrates COVID-19 related symptoms prior to a meet, game or practice, that individual should stay home and not participate until they have been 72 hours symptom free without the aid of medication.
- c. In the event of direct exposure to a positive or probable case in a BCRD program, the BCRD will initiate a communication plan to parents outlining any associated decisions relative to closures of the facility or suspension of services.
- d. In the event of suspension of the league due to COVID-19 related illness, the registration fee will not be refunded.
- e. Jenna Vagias, Director of Recreation, or Ellie Punnett, Youth Sports Coordinator, will be the designated staff persons responsible for responding to COVID-19 concerns. Coaches and parents are encouraged to reach out to staff with concerns regarding COVID-19.
 - Jenna Vagias, jvagias@bcrd.org; (208) 578-5455 (office); (406) 224-7312 (cell)
 - Ellie Punnett epunnett@bcrd.org; (208)578-5452 (office); 208-721-0982 (cell)

5. Supporting Documents

Sources and References for Plan Development

1. [Overall Idaho Rebounds Plan](#)
2. [Stage 1: Protocols for Daycares and Childcare](#)
3. [Stage 1: Protocols for Youth Activities](#)
4. [Stage 2: Protocols for Indoor Gyms and Recreational Facilities](#)
5. [CDC Guidance: Preparing K-12 School Administrators for a Safe Return to School in Fall 2020](#)
6. [Idaho High School Activities Association Guidance for Opening Up High School Athletics and Activities](#)



2021 Youth Spring Sports

Additional COVID-19 Specific Protocols

Pursue the Active Life

www.bcrd.org (208) 578-2273

As a parent and/or guardian of a child participating in BCRD 2021 Youth Spring Sports, I agree to abide by and follow these additional BCRD COVID-19 specific protocols as outlined below to help decrease the spread of virus transmission including the following:

- I will be alert for signs of illness in my child and I will keep them home when they are sick.
- Prior to attending practice and/or games, I will screen my child using the following questionnaire. If I answer **YES** to any of the following questions, I will keep my child home from practice/game until I can answer **NO** to all of the questions.
- I will notify the BCRD if there is reason to believe my child may have been exposed to a positive or probable case of COVID-19.
- I will provide a clean face covering for my child for all practices and games.
- If I am attending a practice or game as a spectator, I will try to maintain a 6-foot distance from others who are not in my household. When I cannot maintain a 6-foot distance, I will wear a face covering.
- I will provide a clean and filled water bottle (minimum of 12 ounces) each day for my child.
- I will try to have the same parent or designated person doing drop-off and pick-up for my child every day.

1. Now, or in the past 24 hours, has your child experienced either of these symptoms:

- Yes **Shortness of breath or difficulty breathing**
- Yes **Fever (100.4° F+)**

2. Or two or more of the following symptoms:

- Yes **Cough**
- Yes **Chills**
- Yes **Muscle pain**
- Yes **Sore throat**
- Yes **New loss of taste or smell**
- Yes **Gastrointestinal issues (diarrhea, nausea, etc.)**
- Yes **Headache**

3. In the last 14 days, has your child been in contact with anyone who is confirmed COVID-19 positive?

- Yes

Yes



Baloncesto juvenil 2021

Protocolos adicionales de COVID-19 y Acuerdo de los padres

Pursue the Active Life

www.bcrd.org (208) 578-2273

Como padre o tutor de un niño que participa en el baloncesto juvenil del BCRD en 2021, acepto cumplir y seguir estos protocolos adicionales de COVID-19 del BCRD como se describe a continuación para ayudar a disminuir la propagación de la transmisión del virus, incluidos los siguientes:

- Observaré los signos de enfermedad en mi hijo y los mantendré en casa cuando estén enfermos.
- Antes de asistir a la práctica, evaluaré a mi hijo con las siguientes preguntas. Si contesto sí a cualquiera de las preguntas, no permitiré que mi hijo participe en la actividad. Mi hijo no volverá a la actividad hasta que yo pueda responder no a todas las preguntas.
- Mantendré a mi hijo en casa y notificaré a BCRD si hay alguna razón para creer que mi hijo pudo haber estado expuesto a un caso positivo o probable de COVID-19, o si mi hijo dio positivo en la prueba de COVID-19 o se considera un caso probable.
- Le proporcionaré una cubierta facial limpia a mi hijo para todas las prácticas y juegos.
- No entraré al edificio los días de práctica. Voy a dejar y recoger a mi hijo en la entrada este de la Comunidad Campus (en el lado de la Escuela Silver Creek del edificio).
- Si asisto a un scrimmage como espectador, mantendré una distancia de 6 pies de los que no están de mi casa.
- Proporcionaré una botella de agua limpia y llena (mínimo de 12 onzas) todos los días para mi hijo.
- Trataré de que el mismo padre o la persona designada lleve y recoja a mi hijo todos los días.

1. En las últimas 24 horas, su hijo ha experimentado:

- Si **Falta de aire o dificultad para respirar**
- Si **La fiebre (100.4°F+)**

2. O dos o más de los siguientes síntomas:

- Si **La tos**
- Si **El resfriado**
- Si **Los dolor muscular**
- Si **Los dolor de garganta**
- Si **Nueva pérdida del gusto u olfato**
- Si **Problemas gastrointestinales** (diarrea, náuseas, etc.)
- Si **La jaqueca**

3. En los últimos 14 días, ¿su hijo ha estado en contacto cercano con alguien que se haya confirmado como positivo para COVID-19?

Si