



# 2021 Youth Fall Sports COVID-19 Specific Protocols

BCRD's 2021 Youth Fall Sports Protocols have been developed to comply with federal, state, and local guidelines and utilizing guidance from Idaho's South-Central Health District, Center of Disease Control, Idaho High School Activities Association, and the City of Hailey. The BCRD Youth Spring Sports programs will operate under these specific safety protocols utilizing Blaine County's COVID-19 Risk Assessment Scale as the metric to inform our operational decisions. The Risk Assessment Scale, which ranges from green (minimal risk) to red (critical risk), considers factors like the number of cases per 100,000, local outbreaks, testing positivity rate, and hospital capacity.

## 1. Personal behavior to reduce spread

### a. Face coverings

- Participants are encouraged to bring a clean face covering with them to all practices and games.
- Face coverings will only be required when six feet of distance cannot be maintained when participants and coaches are not actively exercising. For example: on the sidelines or in a tight huddle.

### b. Self-health screening

- Parents will be asked to be on the alert for signs of illness in their children and to keep them home when they are sick.
- Participants should tell their coach if they don't feel well and then go home from the practice or game immediately.
- Parents, coaches, and officials are required to use the self-screening questionnaire prior to attending every practice and game. The parent, coach, or official must confirm that they (coach or official) or the child (parent) **does not have/has not had** a fever (100.4<sup>0</sup> or above), shortness of breath, cough, chills, headache, repeated shaking with chills, new loss of taste or smell, sore throat, gastrointestinal issues, fatigue, or muscle

pain for at least 24 hours OR come in contact in the last 10 days with anyone who has tested positive for COVID-19.

c. Hand hygiene

- Hand hygiene supplies (hand sanitizer with at least 60% alcohol) will be provided for each team. Participants, coaches, and officials are encouraged to clean their hands prior to attending practices and games.

**2. Maintain a healthy environment**

a. Cleaning & disinfecting equipment

- All cleaning products supplied for use in BCRD programs are EPA-approved for use against the virus that causes COVID-19 and will be used according to the directions on the label.

b. Minimize shared equipment

- No water fountains will be used during practice, games, or meets. Participants will be required to bring their own clean, labeled water bottle each day.
- Participants will be given a uniform at the beginning of the season and will bring required to bring it every game.

**3. Maintain a healthy operation**

a. Cohorting

- Coaches will be assigned to each team. The roster of participants will be determined at the beginning of the season and this team will remain the same for the duration of the season.
- The BCRD remains a local, "in-town" league and as such will only compete against other BCRD teams from within Blaine County.

b. Physical distance

- In lieu of team high-fives at the end of the game or meet, teams should line up and give a quick cheer of thanks for the other team and officials.

**4. Response plan for managing COVID-19 case(s) in our program**

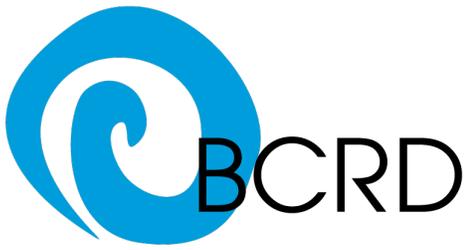
- a. In the event we are notified of a positive or probable case or direct contact with a positive or probable case in our program, the BCRD will follow its COVID-19 Response Plan (CRP) which calls for collaboration with Idaho's South Central Health District to assist in contact tracing

(while maintaining mandated confidentiality) and to develop the most appropriate closure or suspension period and scope.

- b. All participants, coaches, and staff should self-screen daily for COVID-19 symptoms following CDC guidance. If a participant, coach or staff member demonstrates COVID-19 related symptoms prior to a game or practice, that individual should stay home and not participate until they have been 24 hours symptom free without the aid of medication.
- c. In the event of direct exposure to a positive or probable case in a BCRD program, the BCRD will initiate a communication plan to parents outlining any associated decisions relative to closures of the facility or suspension of services.
- d. In the event of suspension of the league due to COVID-19 related illness, the registration fee will not be refunded. Mark Davidson, Executive Director, or Ellie Punnett, Youth Sports Coordinator, will be the designated staff persons responsible for responding to COVID-19 concerns. Coaches and parents are encouraged to reach out to staff with concerns regarding COVID-19.
- e. Mark Davidson [mdavidson@bcrd.org](mailto:mdavidson@bcrd.org);51

## **5. Supporting Documents**

- Parent Agreement Document
- COVID-19 Daily Screening Questionnaire
- COVID-19 Response Plan



# 2021 Youth Fall Sports

## Additional COVID-19 Specific Protocols

Pursue the Active Life

[www.bcrd.org](http://www.bcrd.org) (208) 578-2273

As a parent and/or guardian of a child participating in BCRD 2021 Youth Fall Sports, I agree to abide by and follow these additional BCRD COVID-19 specific protocols as outlined below to help decrease the spread of virus transmission including the following:

- I will be alert for signs of illness in my child and I will keep them home when they are sick.
- Prior to attending practice and/or games, I will screen my child using the following questionnaire. If I answer **YES** to any of the following questions, I will keep my child home from practice/game until I can answer **NO** to all of the questions.
- I will notify the BCRD if there is reason to believe my child may have been exposed to a positive or probable case of COVID-19.
- I will provide a clean face covering for my child for all practices and games.
- I will provide a clean and filled water bottle (minimum of 12 ounces) each day for my child.

1. Now, or in the past 72 hours (3 days), has your child experienced either of these symptoms:

- Yes      **Shortness of breath or difficulty breathing**
- Yes      **Fever (100.4° F+)**

2. Or two or more of the following symptoms:

- Yes      **Cough**
- Yes      **Chills**
- Yes      **Muscle pain**
- Yes      **Sore throat**
- Yes      **New loss of taste or smell**
- Yes      **Gastrointestinal issues** (diarrhea, nausea, etc.)
- Yes      **Headache**

3. In the last 10 days, has your child been in contact with anyone who is confirmed COVID-19 positive?

- Yes