



2020 Fall Youth Soccer COVID-19 Specific Protocols

BCRD's 2020 Fall Youth Soccer Protocols have been developed to comply with federal, state, and local guidelines and utilizing guidance from Idaho's South-Central Health District, Center of Disease Control, Idaho High School Activities Association, and the City of Hailey. The BCRD soccer league will operate only if Blaine County is defined as being in Stage 3 or better of the governor's Idaho Rebound COVID-19 protocols.

1. Personal behavior to reduce spread

a. Face coverings

- In adherence of the City of Hailey's public health emergency order, coaches are required to wear a face covering whenever they cannot maintain 6-feet of distance from another person while outside.
- Officials will be required to wear a face covering during the entire contest. Officials will use electronic "whistles."
- Players are required to bring a clean face covering to all practices and games. The BCRD will provide one face covering to every player, official and coach.
- In adherence of the City of Hailey's public health emergency order, players are **required** to wear a face covering whenever they cannot maintain 6-feet of distance from another person while outside at practice. If players are spread out on the field doing drills or conditioning in which they can maintain 6-feet of distance from others, players are encouraged but not required to wear a face covering. During games and scrimmages when actively engaged in physical aerobic exercise, players are strongly encouraged but not required to wear a face covering.
- In adherence of the City of Hailey's public health emergency order, spectators are required to wear face coverings when they are not able to maintain 6 feet of physical distance while outside.

- Players sitting on the sidelines during games are required to wear face coverings whenever they cannot maintain 6-feet of distance from another person.

b. Self-health screening

- Parents will be asked to be on the alert for signs of illness in their children and to keep them home when they are sick.
- Players should tell their coach if they don't feel well and then go home from the practice or game immediately.
- Parents, coaches and officials are required to use the self-screening questionnaire prior to attending every practice or game. The parent, coach or official must confirm that they (coach or official) or the child (parent) **does not have/has not had** a fever (100.4o or above), shortness of breath, cough, chills, headache, repeated shaking with chills, new loss of taste or smell, sore throat, gastrointestinal issues or muscle pain for at least 24 hours AND that they have not come in contact in the last 14 days with anyone who has tested positive or is assumed probable for COVID-19.

c. Hand hygiene

- Hand hygiene stations will be set up at each field. Players, coaches and officials are required to clean their hands prior to attending practice/games. If a sink with soap and water is not available, the BCRD will provide hand sanitizer with at least 60% alcohol.
- If a drill is conducted that requires many players to touch the ball with their hands (such as throw-ins), a hand-sanitizing break will be scheduled immediately following the drill.

d. Limit car pooling

- Ideally, the same parent or designated person should drop-off and pick-up the player each day. If possible, older people such as grandparents or those with serious underlying medical conditions should not pick up children.
- Families should consider limiting car-pooling with children who are not in their immediate family. If car-pooling is necessary, face coverings are encouraged during transport.

2. Maintain a healthy environment

a. Cleaning & disinfecting equipment

- All cleaning products supplied for use in BCRD programs are EPA-approved for use against the virus that causes COVID-19 and will be used according to the directions on the label.
- All soccer balls and cones will be sprayed with disinfectant provided by the BCRD at the end of each practice.

b. Minimize shared equipment

- No water fountains will be used during practice or games. Players will be required to bring their own clean, labeled water bottle each day.
- All players will be given a uniform at the beginning of the season and are required to bring it to each practice. Players will not share scrimmage vests but instead will wear their own uniform if needed for practice scrimmages.
- Each team will have two pairs of goalie gloves that they can assign to two players for the entirety of the season. All other goalies will be required to bring their own goalie gloves.
- Goalie jerseys may be shared but only when washed and dried in high temperature machines in between uses.

c. Modify practice structure to support physical distance

- Warm-ups, conditioning, and skills practice will be planned so that players can maintain physical distance of 6 feet or more.
- Drills and scrimmages that require players to come within 6 feet of one another utilized on a minimal basis.

3. Maintain a healthy operation

a. Cohorting

- Practices and games will occur with the same team of children for the entire season. The roster of players will be determined at the beginning of the season and this team will remain the same for the duration of the league.
- One or two coaches will be assigned to each team and will remain with that team for the entire season.

- The BCRD remains a local, “in-town” league and as such all teams are comprised of Blaine County children only. No teams will play groups of children from outside of Blaine County.
- b. Staggered scheduling
- Games will be spread out to different venues within the City of Hailey so that no more than two teams and their spectators are congregating in one space at a time.
 - Practice times and locations will be assigned so that teams can practice in their own assigned space without coming in contact with other teams.
- c. Physical distance
- In lieu of team high-fives at the end of the game, teams should circle up and give a quick cheer of thanks for the other team and officials.
 - When on the side-lines, teammates and coaches should stand at least 6 feet apart from one another.
 - At games, spectators will stand on the far-side of the field from where the players and coaches are located.
 - In adherence of the City of Hailey’s public health emergency order, spectators will wear face coverings if they are not able to maintain 6 feet of physical distance.

4. Response plan for managing COVID-19 case(s) in our program

- a. In the event we are notified of a positive or probable case or direct contact with a positive or probable case in our program, the BCRD will follow its COVID-19 Response Plan (CRP) which calls for collaboration with Idaho’s South Central Health District to assist in contact tracing (while maintaining mandated confidentiality) and to develop the most appropriate closure or suspension period and scope.
- b. All players, coaches, and staff should self-screen daily for COVID-19 symptoms following CDC guidance. If a player, coach or staff member demonstrates COVID-19 related symptoms prior to a game or practice, that individual should stay home and not participate until they have been 24 hours symptom free without the aid of medication.
- c. In the event of a positive or probable case or direct exposure to a positive or probable case in a BCRD program, the BCRD will initiate a communication plan to parents outlining any associated decisions relative to closures of the facility or suspension of services.

- d. In the event of suspension of the league due to COVID-19 related illness, the decision to refund the registration fee will be determined based on the date of cancellation.
- e. Jenna Vagias, Director of Recreation, or Ellie Punnett, Youth Sports Coordinator, will be the designated staff persons responsible for responding to COVID-19 concerns. Their contact information will be shared with coaches and parents for concerns regarding COVID-19. Jenna Vagias, jvagias@bcrd.org; (208) 578-5455 (office); (406) 224-7312 (cell) OR Ellie Punnett epunnett@bcrd.org; (208)578-5452 (office); 208-721-0982 (cell).

Sources and References for Plan Development

1. [Overall Idaho Rebounds Plan](#)
2. [Stage 1: Protocols for Daycares and Childcare](#)
3. [Stage 1: Protocols for Youth Activities](#)
4. [Stage 2: Protocols for Indoor Gyms and Recreational Facilities](#)
5. [CDC Guidance: Preparing K-12 School Administrators for a Safe Return to School in Fall 2020](#)
6. [Idaho High School Activities Association Guidance for Opening Up High School Athletics and Activities](#)



2020 Youth Soccer

Additional COVID-19 Protocols And Parental Agreement

Pursue the Active Life

www.bcrd.org (208) 578-2273

As a parent and/or guardian of a child participating in BCRD 2020 youth soccer, I agree to abide by and follow these additional BCRD COVID-19 specific protocols as outlined below to help decrease the spread of virus transmission including the following:

- I will be alert for signs of illness in my child and I will keep them home when they are sick.
- Prior to attending practice and/or games, I will screen my child using the following questionnaire. If I answer **YES** to any of the following questions, I will keep my child home from practice/game until I can answer **NO** to all of the questions.
- I will keep my child home and notify the BCRD if there is reason to believe my child may have been exposed to a positive or probable case of COVID-19 or if my child tested positive for COVID-19 or is considered a probable case.
- I will provide a clean face covering for my child for all practices and games.
- If I am attending a practice or game as a spectator, I will maintain a 6-foot distance from others who are not in my household. When I cannot maintain a 6-foot distance, I will wear a face covering.
- I will provide a clean and filled water bottle (minimum of 12 ounces) each day for my child.
- I will try to have the same parent or designated person doing drop-off and pick-up for my child every day.

1. Now, or in the past 24 hours, has your child experienced either of these symptoms:

- Yes **Shortness of breath or difficulty breathing**
- Yes **Fever (100.4° F+)**

2. Or two or more of the following symptoms:

- Yes **Cough**
- Yes **Chills**
- Yes **Muscle pain**
- Yes **Sore throat**
- Yes **New loss of taste or smell**
- Yes **Gastrointestinal issues** (diarrhea, nausea, etc.)
- Yes **Headache**

3. In the last 14 days, has your child been in contact with anyone who is confirmed COVID-19 positive?

- Yes