



2021 Youth Basketball COVID-19 Specific Protocols

BCRD's 2021 Youth Basketball Protocols have been developed to comply with federal, state, and local guidelines and utilizing guidance from Idaho's South-Central Health District, Center of Disease Control, Idaho High School Activities Association, and the City of Hailey. The BCRD youth basketball program will operate under these specific safety protocols utilizing Blaine County's COVID-19 Risk Assessment Scale as the metric to inform our operational decisions. The Risk Assessment Scale, which ranges from green (minimal risk) to red (critical risk), considers factors like the number of cases per 100,000, local outbreaks, testing positivity rate, and hospital capacity.

1. Personal behavior to reduce spread

a. Face coverings

- While in COVID-19 risk level "critical" (red), "high" (orange), or "moderate" (yellow) players and coaches are required to wear face coverings at all times during practice, scrimmages or games. Face coverings are encouraged but not required at risk level "minimal" (green).
- Players and coaches are required to bring a clean face covering to all practices.

b. Self-health screening

- Parents will be asked to be on the alert for signs of illness in their children and to keep them home when they are sick.
- Players should tell their coach if they don't feel well and then go home from the practice immediately.
- Parents and coaches and officials are required to use the self-screening questionnaire prior to attending every practice, scrimmage or game. The parent or coach must confirm that the child (the parent) or they (the coach) **does not have/has not had** a fever (100.4⁰ or above), shortness of breath, cough, chills, headache, repeated shaking with chills, new loss of taste or smell, sore throat, gastrointestinal issues or muscle pain for at least 24 hours AND that they have not come in contact in the last 14 days with anyone who has tested positive or is assumed probable for COVID-19.

c. Hand hygiene

- Hand hygiene stations will be set up at each gym. Players, coaches and spectators are required to clean their hands prior to attending practices. The BCRD will provide hand sanitizer with at least 60% alcohol or players, coaches, and spectators may use the public restroom located outside of the gymnasium doors to wash their hands.
- Teams will have a hand-sanitizing break immediately following a scrimmage and prior to their next scrimmage.

d. Limit car pooling

- Ideally, the same parent or designated person should drop-off and pick-up the player each day. If possible, older people such as grandparents or those with serious underlying medical conditions should not pick up children.
- Families should consider limiting car-pooling with children who are not in their immediate family. If car-pooling is necessary, face coverings are encouraged during transport.

2. Maintain a healthy environment

a. Equipment

- Each player will have a basketball and will use only that ball for the duration of practice.
- Balls will be left at the gymnasium after each practice and disinfected by coaches at the end of each practice. All cleaning products supplied for use in BCRD programs are EPA-approved for use against the virus that causes COVID-19 and will be used according to the directions on the label.
- No water fountains will be used during practices. Players will be required to bring their own clean, labeled water bottle each day.
- All players will be given a uniform at the beginning of the season and are required to bring it to each practice. Players will not share scrimmage vests but instead will wear their own uniform if needed for practice scrimmages.

b. Physical Distance

- Warm-ups, conditioning, and skills practice will be planned so that players can maintain physical distance of 6 feet or more as much as possible.

- Scrimmages and any drills that require head to head competition (1 v 1 or greater) will only be allowed if the COVID-19 risk level is “high” (orange) or better.
- Practice times will be staggered at the Community Campus so that no more than one cohort is congregating in the gym at a time.
- When at practice or scrimmages, teammates and coaches should try to maintain at least 6 feet of distance from one another, while on and off the court.
- In lieu of team high-fives at the end of a scrimmage or practice, teams should come up with a cheer they can use to express their appreciation and team spirit.

c. Cohorting

- Practices will occur with the same cohort of children for the entire season. Cohorts will be made up of one group of no more than 36 children divided into four teams. The roster of players will be determined at the beginning of the season and this cohort will remain the same for the duration of the program.
- One head coach will be assigned to each cohort and one or two volunteer coaches will be assigned to each team within the cohort. Coaches will remain with that cohort/team for the entire season.
- If the COVID-19 risk level is “high” (orange) or better, teams will be allowed to scrimmage other teams within their cohort. All competition will be within the cohort for the entirety of the season.
- The BCRD remains a local, “in-town” league and as such all teams are comprised of Blaine County children only. No teams will play groups of children from outside of Blaine County.

d. Spectators and Drop-Off & Pick-Up Procedures

- Coaches and players only are allowed at practices this season. Parents, guardians and/or other spectators are NOT allowed to attend practice.
- Players will be dropped off and picked up for practice at the east entrance door of the Community Campus (near Silver Creek High School). Parents are asked not to enter the building but instead wait outside the door for their child to complete practice.
- One parent/guardian per child will be allowed into the gym to watch scrimmages that take place during risk level “high” (orange). The spectator must enter the Community Campus through the east entrance and follow signs to FitWorks.

- Spectators must wear a mask at all time while in the Community Campus and must maintain a physical distance from others of 6 feet.
- Spectators will not enter the facility if they are feeling sick.

3. Response plan for managing COVID-19 case(s) in our program

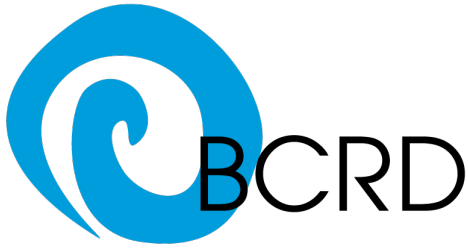
- In the event we are notified of a positive or probable case or direct contact with a positive or probable case in our program, the BCRD will follow its COVID-19 Response Plan (CRP) which calls for collaboration with Idaho’s South Central Health District to assist in contact tracing (while maintaining mandated confidentiality) and to develop the most appropriate closure or suspension period and scope.
- All players, coaches, and staff should self-screen daily for COVID-19 symptoms following CDC guidance. If a player, coach or staff member demonstrates COVID-19 related symptoms prior to a game or practice, that individual should stay home and not participate until they have been 24 hours symptom free without the aid of medication.
- In the event of a positive or probable case or direct exposure to a positive or probable case in a BCRD program, the BCRD will initiate a communication plan to parents outlining any associated decisions relative to closures of the facility or suspension of services.
- In the event of suspension of the league due to COVID-19 related illness, the decision to refund the registration fee will be determined based on the date of cancellation.
- Jenna Vagias, Director of Recreation, or Ellie Punnett, Youth Sports Coordinator, will be the designated staff persons responsible for responding to COVID-19 concerns. Coaches and parents are encouraged to reach out to staff with concerns regarding COVID-19.
 - Jenna Vagias, jvagias@bcrd.org; (208) 578-5455 (office); (406) 224-7312 (cell)
 - Ellie Punnett epunnett@bcrd.org; (208)578-5452 (office); 208-721-0982 (cell)

Sources and References for Plan Development

1. [Overall Idaho Rebounds Plan](#)
2. [Stage 1: Protocols for Daycares and Childcare](#)
3. [Stage 1: Protocols for Youth Activities](#)
4. [Stage 2: Protocols for Indoor Gyms and Recreational Facilities](#)
5. [CDC Guidance: Preparing K-12 School Administrators for a Safe Return to School in Fall 2020](#)
6. [Idaho High School Activities Association Guidance for Opening Up High School Athletics and Activities](#)

2021 Youth Basketball

Additional COVID-19 Protocols And Parental Agreement



As a parent and/or guardian of a child participating in BCRD 2021 youth basketball, I agree to abide by and follow these additional BCRD COVID-19 specific protocols as outlined below to help decrease the spread of virus transmission including the following:

- I will be alert for signs of illness in my child and I will keep them home when they are sick.
- Prior to attending practice and/or scrimmages, I will screen my child using the following questionnaire. If I answer **YES** to any of the following questions, I will keep my child home from the activity until I can answer **NO** to all of the questions.
- I will keep my child home and notify the BCRD if there is reason to believe my child may have been exposed to a positive or probable case of COVID-19 or if my child tested positive for COVID-19 or is considered a probable case.
- I will provide a clean face covering for my child for all practices and games.
- I will not enter the building on practice days. Instead I will drop-off and pick-up my child at the east entrance of the Community Campus (on the Silver Creek High School side of the building).
- If I am attending a scrimmage as a spectator, I will maintain a 6-foot distance from others who are not in my household.
- I will provide a clean and filled water bottle (minimum of 12 ounces) each day for my child.
- I will try to have the same parent or designated person doing drop-off and pick-up for my child every day.

1. Now, or in the past 24 hours, has your child experienced either of these symptoms:

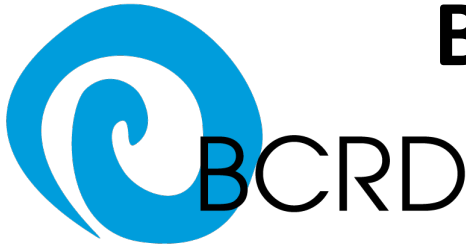
- Yes **Shortness of breath or difficulty breathing**
- Yes **Fever (100.4° F+)**

2. Or two or more of the following symptoms:

- Yes **Cough**
- Yes **Chills**
- Yes **Muscle pain**
- Yes **Sore throat**
- Yes **New loss of taste or smell**
- Yes **Gastrointestinal issues** (diarrhea, nausea, etc.)
- Yes **Headache**

3. In the last 14 days, has your child been in close contact with anyone who is confirmed COVID-19 positive?

- Yes



Baloncesto juvenil 2021

Protocolos adicionales de COVID-19 y Acuerdo de los padres

Pursue the Active Life

www.bcrd.org (208) 578-2273

Como padre o tutor de un niño que participa en el baloncesto juvenil del BCRD en 2021, acepto cumplir y seguir estos protocolos adicionales de COVID-19 del BCRD como se describe a continuación para ayudar a disminuir la propagación de la transmisión del virus, incluidos los siguientes:

- Observaré los signos de enfermedad en mi hijo y los mantendré en casa cuando estén enfermos.
- Antes de asistir a la práctica, evaluaré a mi hijo con las siguientes preguntas. Si contesto sí a cualquiera de las preguntas, no permitiré que mi hijo participe en la actividad. Mi hijo no volverá a la actividad hasta que yo pueda responder no a todas las preguntas.
- Mantendré a mi hijo en casa y notificaré a BCRD si hay alguna razón para creer que mi hijo pudo haber estado expuesto a un caso positivo o probable de COVID-19, o si mi hijo dio positivo en la prueba de COVID-19 o se considera un caso probable.
- Le proporcionaré una cubierta facial limpia a mi hijo para todas las prácticas y juegos.
- No entraré al edificio los días de práctica. Voy a dejar y recoger a mi hijo en la entrada este de la Comunidad Campus (en el lado de la Escuela Silver Creek del edificio).
- Si asisto a un scrimmage como espectador, mantendré una distancia de 6 pies de los que no están de mi casa.
- Proporcionaré una botella de agua limpia y llena (mínimo de 12 onzas) todos los días para mi hijo.
- Trataré de que el mismo padre o la persona designada lleve y recoja a mi hijo todos los días.

1. En las últimas 24 horas, su hijo ha experimentado:

- Si **Falta de aire o dificultad para respirar**
- Si **La fiebre (100.4°F+)**

2. O dos o más de los siguientes síntomas:

- Si **La tos**
- Si **El resfriado**
- Si **Los dolor muscular**
- Si **Los dolor de garganta**
- Si **Nueva pérdida del gusto u olfato**
- Si **Problemas gastrointestinales (diarrea, náuseas, etc.)**
- Si **La jaqueca**

3. En los últimos 14 días, ¿su hijo ha estado en contacto cercano con alguien que se haya confirmado como positivo para COVID-19?

- Si